

Muthumani.V



M.Sc (YHE), M.Sc. (Yoga Therapy) ,D.T.M, D.T.Engg,D.V.M

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Tamil Nadu - 641004
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DOB - 04.04.1968

EDUCATION

M.Sc, Yoga Therapy- Tamil Nadu Physical Education and Sports University,Chennai, Tamilnadu

2017 - 2018

M.Sc, Yoga and Human Excellence - Bharathidasan University. Trichy, Tamil Nadu

2014 - 2015

BA, Yoga and Human Excellence - Bharathiar University. Coimbatore, Tamil Nadu

2011-2012

Diploma, Textile Engineering - Erode Institute of Technology, Erode,Tamil Nadu

1988

Diploma, Traditional Medicine - Bharathiar University. Coimbatore, Tamil Nadu

2020-2021

Diploma,Varma and Massage --- Manonmaniyam University.Tirunelveli,Tamilnadu.

2024 - 2025

EXPERIENCE

Proprietor, Balafoi International

June 2010 - PRESENT

Successfully running Textiles, Health and wealth consultancy firm

Worked with multiple international clients in exporting and importing Textile products and providing wealth consultant

Vice President (Schools and Colleges), Kovai Manavalakalai Mandram Arakattalai, Coimbatore

2017 - 2023

Conducted Yoga for more than 2000 school and college students across Tamil nadu

SKILLS

- Leadership
- Communication
- People Management
- Team work
- Time management
- Mentorship

AWARDS & ACTIVITIES

Article presentation in S.S.M Arts and Science college and International Institute of Tamil Studies, Malaysia

Coordinator of WCSC World Guinness Record for Longest Online meditation program

Member of Indian Yoga Association and Tamilnadu Yoga Association - ID - IYA/2019/YP568

RYT 200

YCB 6

Project Coordinator for Environmental protection, wishwa women society, madurai

LANGUAGES

Tamil, English

Conducted 2 Yoga Camp for 2 villages consisting of 100 people

General Manager, Spinning Mills

25 years - 1991 - 2016

Served as General manager in various spinning mills across Tamil nadu including Loyal , Hindustan Textiles Mills, Madura Coats,VEEPEE Spintex

Assistant Professor and Research Co ordinator, Aliyar—Simplified Kundalini Yoga(SKY) - World Community Service center (WCSC)

April 2019 - 2023

Coordinating PHD Scholars guiding them with their project works

Coaching Coordinator, UGC NET EXAM

April 2019 - 2023

Clinical Therapy Assistant – Rajendran sitha and varma Hospital ,Thalkalai 2024 – present

Web site balafoi.com you tube muthumaniyoga